
AT-HOME KAP CONSENT

The following are requirements for your participation in at-home ketamine use as part of your ketamine-assisted psychotherapy.

- During each session, you will have a responsible adult, “sitter,” in the environment.
 - Provide them with the sitter education form
 - They can be in the room with you, or another room.
 - They will need to check in on you every 30 minutes.
 - The therapist and sitter will be in text or phone contact at the start of each of your medicine sessions.
 - The therapist is available for any questions or concerns you or your sitter might have throughout the duration of the medicine session.
- At the start of each medicine session, you will be in touch with your KAP therapist.
 - You will report your dosage
 - You will discuss your intention

Client Name

Date

Therapist Name

Date